

Programs

Wushu

- Chinese Martial Art Fundamentals
- Basic routines of Wushu 套路
- North Fist - Six Harmony Style 六合門
- Modern Compulsory Wushu 新武術
- Weapons: Sword, Broad Sword, etc.

Tai Chi (Chen/Yang/Wu style)

- Principles and theories 拳經,拳理
- Chinese Martial Art Fundamentals
- Forms, Push Hands
- Foot Step Movement
- Tai Chi Practical Application
- Weapons: Fan, Sword, etc.

Chinese Lion & Dragon Dance

- Dancing Performance
- Routines and Stunts



Wing Chun/Ving Tsun/Yong Chun

- Chinese Martial Art Fundamentals
- Siu Lim Tao (Little Idea) 小念頭
- Chum Kiu (Search of Bridge) 尋橋
- Biu Jee (Darting Fingers) 標指
- 108 Wooden Dummy 木人樁
- Chi Sao (Sticky Hands) 黏手
- Double 8 Sections Chop Knife 八斬刀
- Six and a Half Points Pole 六點半棍

Mission Statement

To promote and maintain good health, preserve the Chinese Martial Arts, encourage humbleness, restore family values and witness the Gospel through Chinese Martial Arts.



CHRISTIAN WUSHU FELLOWSHIP

加拿大基愛武術中心

ROOTING IN THE LOVE OF CHRIST, APPLYING
THE ESSENCE OF CHINESE MARTIAL ARTS.

以基督的愛為本，以武術精粹為用。

Web Site: <http://www.christian.wushu.com>

Telephone: (416) 754-0744

E-mail: cwf@wushu.com

CHRISTIAN WUSHU FELLOWSHIP

加拿大基愛武術中心



Introducing the Christian Wushu Fellowship (CWF)...

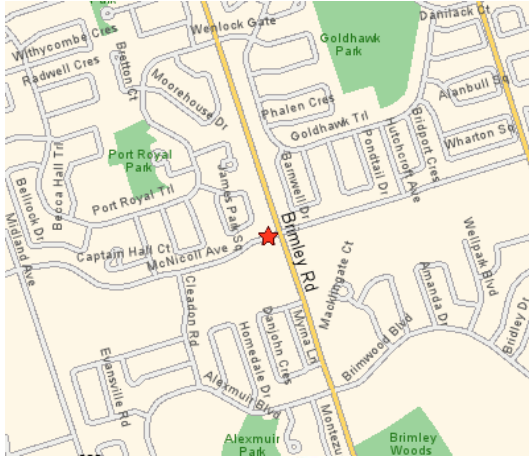
The Christian Wushu Fellowship (CWF) is founded on the Biblical principles of God's Word, and sharing the Chinese culture through the **Chinese Martial Arts**. Christian Wushu Fellowship (CWF) is a trans-denominational organization that is health-oriented and focuses on all the values of Christ. The goal of this fellowship is to provide a chance for Christians and/or non-Christians to get together and have a great time. We stress the fundamentals of **Chinese Martial Arts** and, at most times, would apply some of the theories or philosophies into our daily lives. CWF provides instruction in the Chinese Martial Arts of **Wushu, Tai Chi, and Wing Chun, Lion & Dragon Dance Training**.

3 John 1:2

Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well.

The team of masters consists over 100 years of experience and practice in Chinese Martial Arts to share with you.

SCARBOROUGH LOCATION



Rosewood Baptist Church
2601 McNicoll Avenue,
Scarborough, Ontario
Canada M1V 5N8

Prepare your child for adult life

Educate your child with confidence, discipline and wisdom through Christian Wushu Fellowship training!



CLASS SCHEDULE

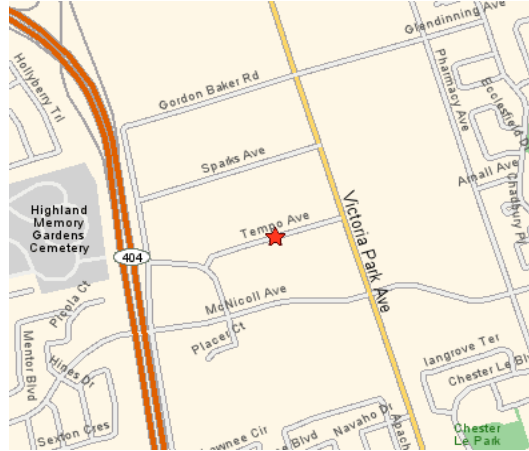
Wing Chun	Sunday	2:00pm - 3:00pm
Tai Chi	Sunday	2:00pm - 3:00pm

CLASS FEE

- A minimal of three month registration will be required
- Class fee varies depending on training frequency and locations
- Classes are available for age 6 and beyond

Proud to be a member of an organization with a unique vision as Christian Wushu Fellowship!

NORTH YORK LOCATION



Grace Chinese Gospel Church of North York
201 Tempo Avenue,
North York, Ontario
Canada M2H 2R9

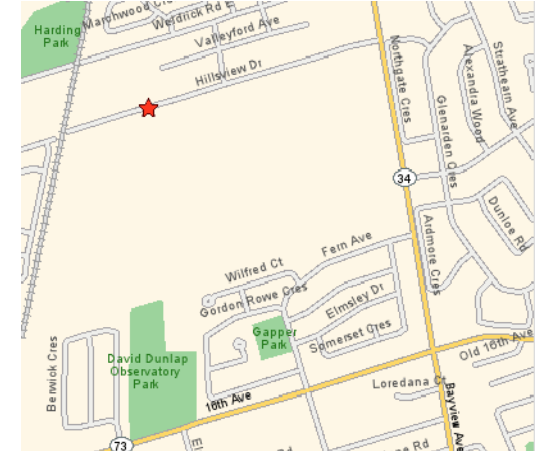
CLASS SCHEDULE *

Wushu	Monday	5:30pm - 8:30pm
	Tuesday	5:30pm - 7:30pm
	Thursday	5:30pm - 8:30pm
Wing Chun	Saturday	9:30am - 11:30am 1:30pm - 4:30pm
	Tuesday	7:30pm - 9:00pm
	Thursday	8:00pm - 9:30pm
Tai Chi	Saturday	10:30am - noon 3:00pm - 4:30pm
	Monday	7:30pm - 8:30pm
	Tuesday	7:30pm - 8:30pm
Weekly Prayer's Meeting	Thursday	6:30pm - 8:00pm
	Tuesday	9:00pm - 9:30pm

* Note:

An up-to-date class schedule can be found at the CWF web <http://www.christian.wushu.com>

RICHMOND HILL LOCATION



Richmond Hill Chinese Baptist Church
136 Hillsview Drive,
Richmond Hill, Ontario,
Canada L4C 1T2

CLASS SCHEDULE

Wushu	Wednesday	7:30pm - 8:30pm
Wing Chun	Wednesday	7:30pm - 8:30pm

INSTRUCTORS

Wushu	Sifu Hung, Ting Seng
	Sifu Liu, Rui Qi
Wing Chun	Sifu Chan, Nelson
	Sifu Chan, Nelson
Tai Chi	Sifu Hung, Ting Seng
	Sifu Liu, Rui Qi

Come learn from this team of Chinese Kung Fu Masters in the love of Jesus Christ. Join with all Chinese Martial Artists to live with support and encouragement through Christian faith.